

# Sentence Practice

• 정답 p.92

**C** 다음을 /로 끊어 읽기를 표시하고, 빨간색으로 된 부분에 유의하여 해석해 봅시다.

<sup>①</sup>In 2024, a 10,000-meter runner from Kenya was banned for six years for engaging in  
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blood doping. <sup>②</sup>Blood doping is a method through which athletes **get extra blood injected**  
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into their bodies to improve their stamina. <sup>③</sup>Blood carries oxygen through the body, so  
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more blood means more oxygen reaches the muscles. <sup>④</sup>This lets athletes perform harder  
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and longer, giving them an unfair advantage. <sup>⑤</sup>The blood can come from the same person  
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or someone else.

<sup>⑥</sup>When the blood comes from the same person, about a liter is taken out for a few  
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weeks before a competition. <sup>⑦</sup>The athlete's body has time to make more blood. <sup>⑧</sup>The  
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removed blood is frozen to protect the red blood cells. <sup>⑨</sup>Later, just before the event, the  
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frozen blood is thawed and put back into the body to improve performance.

<sup>⑩</sup>But there is no such thing as a free lunch. <sup>⑪</sup>Blood doping breaks the rules of medicine  
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and sports. <sup>⑫</sup>It also makes the blood thicker, which forces the heart to work harder.

<sup>⑬</sup>This can lead to a heart attack or kidney damage. <sup>⑭</sup>Because of these risks, blood doping  
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is banned in all major international sports competitions.  
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