

# Sentence Practice

• 정답 p.76

**C** 다음을 /로 끊어 읽기를 표시하고, 빨간색으로 된 부분에 유의하여 해석해 봅시다.

<sup>①</sup>Have you ever felt sick to your stomach after eating? <sup>②</sup>There can be many reasons.

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<sup>③</sup>One possible reason is eating two foods that digest at different speeds. <sup>④</sup>For example, if you eat watermelon and meat at the same time, it can cause problems in your stomach.

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<sup>⑤</sup>Watermelon is digested in less than 30 minutes. <sup>⑥</sup>But meat takes 3 to 5 hours. <sup>⑦</sup>You might think watermelon would leave your stomach first. <sup>⑧</sup>But that's not how it works.

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<sup>⑨</sup>When you eat two foods together, they leave together. <sup>⑩</sup>So the watermelon **has to wait**.

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<sup>⑪</sup>While waiting, it can go bad in your stomach.

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<sup>⑫</sup>Think of a highway. <sup>⑬</sup>If a slow car is in front, fast cars must wait. <sup>⑭</sup>It's the same with food. <sup>⑮</sup>Fast-digesting foods like fruit should not eat with slow ones. <sup>⑯</sup>The best way to eat fruit is to eat it alone, not with other foods during meals. <sup>⑰</sup>That helps your stomach feel better and work well.

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